



# Memory café

## A SAFE AND SUPPORTIVE ENVIRONMENT.

Memory Café is a program designed to bring together individuals with any form of dementia or memory loss and their care partners. Caregivers will meet with a social worker in a support group environment and the persons living with dementia will engage in meaningful activity. Activities could include arts/crafts, music, movement, reminiscing, and more. This time will be facilitated by trained nursing, social work, and life enrichment staff.

Meeting the third Monday of each month from 10:30 - 11:30 a.m.

January 19th  
February 16th  
March 16th  
April 20th

May 18th  
June 15th  
July 20th  
August 17th

September 21st  
October 19th  
November 16th  
December 21st

## LOCATION

Crown Pointe Estates, Café on Main  
1400 7th Ave SE, Sioux Center, IA 51250

## FIND CONNECTION AT MEMORY CAFÉ

No registration or RSVP required. Free to attend. For more information or if you have questions, visit [siouxcenterhealth.org](http://siouxcenterhealth.org) or call Crown Pointe Estates at 712-722-8261